



### **Monique Russell – Short Bio**

Monique Russell, MSC is an International Inspirational Teacher, and Executive Communications Coach. She is the founder and managing partner of Clear Communications Solutions, LLC, has taught thousands of leaders globally in Interpersonal and Intrapersonal Communications, consulted for government agencies and for fortune 100 companies.

Monique has worked with several institutions of higher education in the areas of diversity, cultural sensitivity, public speaking, and communications with an emphasis on Emotional Intelligence. And, because of her background, she is a frequently sought-after guest on business, local and international radio shows.

Despite the credentials and success, through the journey of life, Monique lost her confidence but reclaimed it through a series of empowering exercises and resources. It is because of her multi-dimensional experiences that her teachings on how to communicate confidently from the inside out are very effective.