



# Monique Russell

Inspirational Teacher, Communication Expert, Keynotes and Workshops

## Helping Leaders Become Confident Communicators

- Do you need to find ways to communicate effectively and improve productivity in your teams?
- Do you need to restore credibility and respect in the workplace?
- Do your people need practical tools to eliminate conflict and boost the quality of their professional and personal relationships?

As a communications expert, Monique is revolutionizing the way people look at professional and personal development.

She's positively impacted leaders in the U.S., Caribbean, and South Africa with professional strategies and tools to keep the lines of communication open.

Monique enjoys inspiring audiences and empowering them to:

- 1 Build confidence and influence using authentic communication
- 2 Develop compassion and empathy in the midst of pressing deadlines
- 3 Maximize strengths of self and team to produce their best work

## Why Invite Monique To Speak At Your Conference Or Event?

- She's written a public speaking curriculum for Southern New Hampshire University.
- She's taught over 2000+ adults as an adjunct professor with consistent ratings in the top 1%.
- She's been interviewed on Business RadioX and hosts a Forbes recommended Leadership Conference
- She's shared the international speaking stage with global speaker, Lisa Nichols.
- Thanks to her communications training, she's flexible, adaptable and easy to work with.
- She co-founded a thriving youth afterschool TEDx club, broadcast globally on TED.com.
- She's a trained DiSC facilitator and Certified Life Coach.
- She's a contributing writer at Thrive Global.com.



*Monique is a powerful, engaging speaker, fun and uplifting. We had the pleasure of hearing her delivery in Freeport, Grand Bahama. She shared the platform with one of the most requested speakers in the world Lisa Nichols of "The Secret". The event was inspiring and motivational with a diverse age range.*

*Narelle Gorman – Director of Global Partnerships, Motivating the Masses*

*Monique provided us with invaluable insights to unify our team around our strategic vision. You gave us hope and we look forward to connecting with you again!*

*Michael Flowers, Director, Dept. of Agriculture, The Bahamas*

*Monique's unique style of engaging the audience and providing relevant information to effective communication was priceless. I enjoyed her workshop and the opportunity to interact with other participants. If you ever need a communications facilitator, Monique is the professional to hire!*

*Dr. Deborah Johnson Blake- CEO, The Writing Pad LLC*

*It was a honor and privilege having you as a keynote speaker for Global Operations Equifax professionals. You conveyed a smart and succinct message about how self-awareness and self-management is the real homework while we continue to experiment and improve our engagement modes with others. You rock!*

*Claudio Brenna, PMO CoE Global Ops, Equifax*



## Frequently Requested Topics

- *Clarity, Character and Confidence: 3 Steps To Becoming A Confident Communicator*
- *Leader, Leader, Where Are You: Emotional Intelligence for the Practical Leader*
- *Presenting with Impact: Strategies for Success*

